

Te Tahī Youth



Te Tahī
Youth at
Eastgate.

Bringing youth support together, in one place.



TeTahi Youth

LIFE + WELLBEING
SUPPORT

We're inviting partners to join us as founding supporters of Te Tahi Youth at Eastgate Mall, contributing to a long-term investment in the health, wellbeing, and future of young people in Ōtautahi.

Te Tahi Youth is creating a purpose-built youth one-stop shop at Eastgate Mall, bringing together primary health care, mental health support, career and training support, and a range of other social services under one roof.

Approximately 40% of the young people we support live in East Christchurch. By bringing all of our services together in one purpose-designed space, we will make it easier for rangatahi to access integrated care in a welcoming, youth-friendly environment.

This is not the beginning of something new. It is the next chapter of a proven service that has supported young people across Ōtautahi for more than 30 years.

With the majority of project funding already secured, we are now seeking the final \$115,000 to complete the fit-out and bring Te Tahi Youth at Eastgate to life. This final investment will ensure the space is fully equipped and ready to support thousands of young people for years to come.

For more than 30 years, Te Tahi Youth has been helping young people navigate life's challenges through free, accessible, integrated health and wellbeing services.

Today, we are proud to be the only one-stop youth health and wellbeing service in Ōtautahi, supporting rangatahi aged 10–24 with integrated care that removes barriers and puts young people at the centre.

Our services include:

- Nurse-led primary health care
- Mental health and counselling
- Social work, housing support, mentoring
- Career and training support
- Youth Health in Schools
- Transition support for young people leaving care

By the Numbers*

Every year, Te Tahi Youth supports thousands of young people across Ōtautahi, including:

- **1,764** individual young people supported
- **3,453** medical appointments
- **118** rangatahi supported through counselling
- **284** rangatahi referred to career & training services
- **3,309** school-based health appointments

As demand continues to grow, Te Tahi Youth at Eastgate represents the next stage in our journey, bringing our established, integrated model of care together once again in a purpose-built home designed around the needs of rangatahi. It is an investment in a proven service, ensuring young people can continue to access the right support, at the right time, in one place.

On average, our team delivers more than 35 direct service interactions every day.

The Vision

This new space will be a purpose-built, integrated youth health and wellbeing space designed to bring all services together in one accessible, welcoming space for rangatahi.

It is a place where young people can walk in and access the support they need, medical care, mental health support, counselling, social work, youth development, and career and training support, in one coordinated setting.

At its core, the vision is simple, to remove barriers and bring all of Te Tahi Youth's services together under one roof.

The space includes:

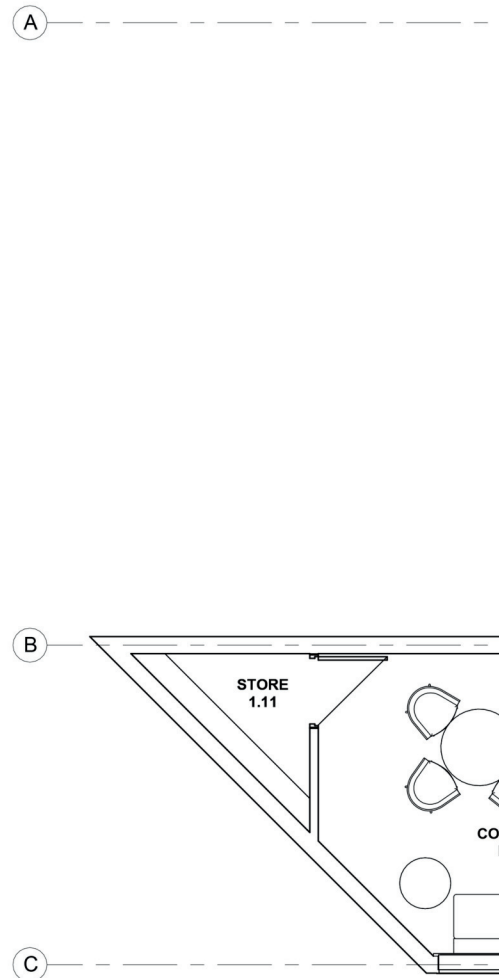
- 4 medical rooms (GP and nursing services)
- 2 non-medical consultation rooms
- A youth-friendly reception and waiting area

Why Eastgate?

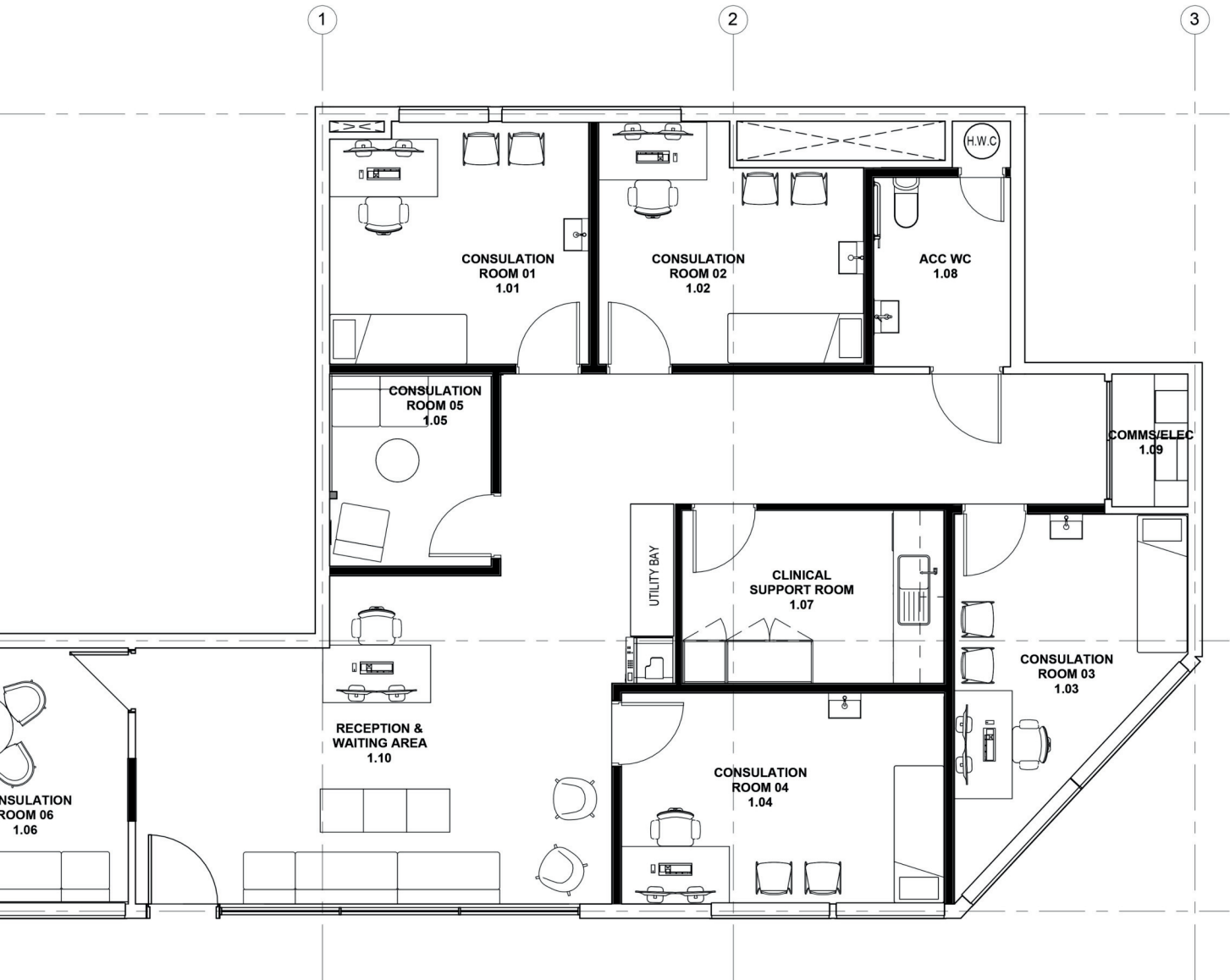
East Ōtautahi is a key service area for Te Tahi Youth, with approximately 40% of the young people we support living in the eastern suburbs. Establishing our dedicated service base at Eastgate ensures we remain accessible to the community where many of the young people we support live.

Eastgate was selected because it provides a practical and welcoming location for rangathia and whānau accessing support. The site offers easy access via public transport, free parking, close proximity to local schools, and the privacy and anonymity of accessing services within a familiar community environment.

By investing in this purpose-built space, Te Tahi Youth is strengthening access to integrated youth health and wellbeing services in East Ōtautahi, creating an environment where rangatahi can access the support they need, when they need it.



1 GENERAL ARRANGEMENT PLAN
A207 1 : 50



Funding & Partnership Opportunity

Te Tahī Youth at Eastgate represents a \$630,000 investment in the health and wellbeing of young people in Ōtautahi.

This project is already well advanced, with \$515,252 secured through key funding partners and supporters, reflecting strong confidence in its impact and delivery.

We are now seeking \$115,000 in final funding support to complete the project and bring this purpose-built youth wellbeing hub into full operation.

Rather than a traditional funding gap, this is an opportunity to join a proven and well-supported initiative at its final stage, helping complete a long-term vision to bring integrated youth services together under one roof in East Ōtautahi.

We are inviting partners to become founding supporters of Te Tahī Youth at Eastgate, contributing to a permanent, visible investment in youth health, wellbeing, and futures.

This is an opportunity to:

- **Support improved access to youth health and mental health services**
- **Strengthen outcomes for young people in East Ōtautahi**
- **Be recognised as a founding partner in a long-term community asset**
- **Contribute to a fully integrated, proven service model that has supported rangatahi since 1995**

Ways to Support.

**We have the space. We have the team. We have the vision.
Now, we need your help to bring it to life.**

There are several ways to get involved, depending on the level and type of contribution. The project has been designed to accommodate a range of support - from major partnerships through to general financial contributions - all of which directly enable the delivery of this space.

Founding Partnerships

For organisations and individuals wishing to make a significant contribution, founding partnerships provide an opportunity to play a leading role in bringing Te Tahi Youth at Eastgate to life. These partnerships recognise supporters who are investing in the future of youth health and wellbeing in Ōtautahi, with opportunities for meaningful recognition within the space.

Recognition opportunities may include:

- Room naming opportunities
- Recognition as a founding supporter of Te Tahi Youth at Eastgate

Financial Contributions

Contributions of all sizes help complete the development of Te Tahi Youth at Eastgate.

Financial support directly contributes to the fit-out, furnishings, equipment, technology, and final setup of the space, ensuring it is fully equipped and ready to deliver integrated youth health and wellbeing services.

Whether through a one-off contribution or ongoing support, every contribution helps create an accessible, welcoming environment where rangatahi can access the support they need.

In-Kind Support

We welcome in-kind contributions of furniture and equipment to help complete the fit-out, particularly items needed for our clinical and consultation rooms. These contributions help reduce project costs and ensure the space is fully equipped for service delivery.

Ongoing Support

Ongoing and regular giving provides sustained support for the services delivered from Eastgate. These contributions help ensure long-term impact beyond the completion of the project.

Supported by our Community

We thank those in our community who have already chosen to support this project...



Te Tahi Youth
The Loft, Level 1, Eastgate Mall
20 Buckleys Road
Linwood
Christchurch 8011

tetahiyoungth.org.nz
+ 64 3 943 9298
0800 889 6884

Let's build this together

This project represents an important next step for Te Tahi Youth, strengthening our ability to provide integrated, accessible health and wellbeing support for young people in Ōtautahi. It builds on more than 30 years of work alongside rangatahi across our community, and reflects a long-term commitment to delivering services where they are needed most.

We are now seeking partners to help complete the final stage of this development. With most of the funding already secured, this is an opportunity to be part of a well-established project at a critical point of delivery.

If you would like to explore how you can be involved, whether through partnership, naming opportunities, or financial contribution, I would welcome the opportunity to talk further.

Ngā mihi nui,



Sarah Boyd

Communications & Fundraising Manager
Te Tahi Youth

Sarah Boyd
Communications & Fundraising Manager

sarah@tetahiyoungth.org.nz
+ 64 027 417 7397