

Te Tahī Youth



Impact &
Partnership
Prospectus.

Here for young people since 1995. tetahiyoung.org.nz



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Te Tahi Youth is the region's only fully integrated youth one-stop-shop, providing free, coordinated health, mental health, and social services for rangatahi aged 10–24. We exist because young people don't experience life in silos, and neither should the services that support them.

At Te Tahi Youth, medical care, counselling, social support, and employment pathways are brought together under one roof. This creates something rare in Aotearoa: a seamless, trusted space where young people can access the right support, at the right time, without barriers.

We are not one service. We are a connected system of support.

Every day, we walk alongside rangatahi navigating complex and often overwhelming challenges. For many, Te Tahi Youth is the first place where they feel genuinely seen, heard, and supported without judgement. Our work is built on trust, accessibility, and consistency, ensuring that when a young person walks through our doors, they don't just access a service, they find a place where support is connected, coordinated, and centred around them.

The need is complex. Our response is connected.

Across Ōtautahi, young people are navigating mental health challenges, family and housing instability, barriers to healthcare, disrupted education and employment pathways, and increasing social isolation.

For many, these challenges are interconnected. A young person struggling to attend school may also be experiencing anxiety. Someone seeking healthcare may also need housing support. A young person leaving care may need help with employment, driving, mental health, and the practical realities of living independently.

Traditional services can require young people to navigate these challenges separately.

Te Tahī Youth brings the support together.

**One organisation.
Multiple pathways.
One young person at the centre.**

Youth Health

Nurse-led primary healthcare, GPs, sexual health services, acute care, and school-based health support.

Mental Health & Counselling

Accessible counselling and support, alongside social work and other wellbeing services.

Social Work

Practical support and advocacy around housing, finances, family circumstances, safety, and navigating wider services.

Career & Training Support

Pathways into employment, education and vocational training, combining practical learning, coaching, employer connections, and ongoing mentoring.

Transition to Adulthood

Long-term support for rangatahi aged 15–25 who have experienced care or youth justice custody, helping them build stability, independence, and a future beyond the systems they have grown up in.

Education engagement and attendance support

Relationship-led support for tamariki, rangatahi, and whānau to understand and address the barriers affecting school engagement and attendance.

One young person rarely needs just one service.

A young person might come to us for a medical appointment and discover they can also access counselling. A young person leaving care might need help finding housing, getting their driver's licence, connecting with healthcare, and finding work. A student struggling with attendance may need someone to understand what is happening at home before they can return to the classroom.

Because our services are connected, support can move with the young person.

One conversation can open the door to another service. One trusted relationship can become a pathway to something better.

That is the value of an integrated youth one-stop-shop.

**On average, our team
delivers more than 35
direct service
interactions every day.**

50%

**Half our our clinical appointments involve
mental health needs.**

%
0

Individuals accessing our services

1,764

Represents the total number of individual rangatahi enrolled across Te Tahi Youth services as at March 2026. Excludes attendance at acute clinics, drop-in clinics, and other non-enrolled service interactions.

In-person medical appointments

6,732

Represents the total number of combined clinical appointments delivered during the 2025/2026 financial year, including enrolled patient appointments, acute clinics, nurse drop-in clinics, and Youth Health in Schools consultations.

Over the past year, Te Tahi Youth has delivered significant reach across medical, social, and youth development services. We supported over 570 enrolled medical patients through 3,453 clinical appointments, with 50% involving mental health needs.

Across all services, hundreds of rangatahi were supported through counselling, social work, employment pathways, and school-based health services, including over 3,309 Youth Health in Schools appointments across 9 secondary schools.

Behind every number is a young person seeking timely, connected support.



Together, we create change.

No organisation can create lasting change for young people alone. Te Tahi Youth's work is strengthened by the funders, partners, schools, health providers, community organisations, businesses and whānau who work alongside us.

For more than 30 years, we have built relationships across Ōtautahi to create stronger, more connected pathways for rangatahi. These relationships allow us to respond to the realities young people are facing, connect them with the right support, and create opportunities that would not be possible working in isolation.

Today, Te Tahi Youth holds multiple multi-year contracts across health, wellbeing, youth development, education, and transition support for young people who have experienced care or youth justice settings. These partnerships reflect the confidence placed in our organisation and our ability to deliver services that make a meaningful difference.

We work across a broad network that includes the Ministry of Health, Ministry of Social Development, Ministry of Education, Pegasus Health, Odyssey House, and Oranga Tamariki, alongside a wider network of community, education, health and youth-focused organisations.

Place-based collaboration

Te Tahi Youth is an anchor tenant and primary service provider within the Christchurch Youth Hub, where we provide the Hub's only on-site medical and social support services. Working alongside other youth-focused organisations creates a connected environment where rangatahi can access multiple forms of support in one place.

Our main base is located at The Loft at Eastgate Mall, where we coordinate and deliver services across our wider organisation and continue to build connections with other organisations working in the community.

Backing our mahi

Philanthropic and community support allows us to respond to emerging needs, strengthen our services, and invest in opportunities that sit outside core contracted funding. We are proud to have been supported by organisations including Rātā Foundation, Christchurch City Council, Waiwhetū Trust, Wayne Francis Charitable Trust, Chemist Warehouse, and Crusade with Heart, alongside many businesses, community groups and individuals who contribute to our mahi.

In 2025, Te Tahi Youth received a Christchurch City Council Civic Award recognising our contribution to public health and the wellbeing of young people across Ōtautahi. This recognition reflects the collective effort behind our work - our team, our partners, and the rangatahi who trust us to walk alongside them.

Partnership is central to how Te Tahi Youth works. And there is always room for more people to be part of it.

Partner with Te Tahī Youth: Better outcomes for rangatahi are built together.

Behind every young person supported by Te Tahī Youth is a wider network of people, organisations, funders, employers, schools, health providers and community partners. As the needs facing young people continue to grow, so does the opportunity to work together differently.

We are looking to build relationships with people and organisations who want to contribute to better futures for rangatahi across Ōtautahi.

There are many ways to get involved.

Funders & philanthropic partners

Invest in youth-focused services, emerging needs and opportunities that extend beyond core contracted funding.

Businesses & employers

Create pathways through employment, work experience, industry connections, mentoring, sponsorship or practical support.

Community & service partners

Collaborate with us to connect young people with the right support, strengthen referral pathways and respond to gaps in our community.

Individuals & community supporters

Contribute through regular giving, one-off donations, fundraising, volunteering or in-kind support.

Small contributions can create meaningful change.

Not every partnership needs to be large. Sometimes it is a conversation, an introduction, a workplace opportunity, a donation, or simply opening a door for a young person. What matters is what we can create together. **If you are interested in supporting Te Tahī Youth, partnering with us, creating opportunities for rangatahi, or simply finding out more, we would love to hear from you.**

Te Tahī Youth

The Loft
Level 1, Eastgate Mall
20 Buckleys Road
Christchurch 8062

Connect with us

Funding & Strategic Partnerships

For funding opportunities, grants, and strategic collaboration
Contact: Sarah Boyd, Communications & Fundraising Manager
Email: sarah@tetahiyoung.org.nz

Service Collaboration & Referrals

For schools, agencies, and community organisations wanting to refer or collaborate
Contact: Gary Grooms, Social Services Manager
Email: gary@tetahiyoung.org.nz

Clinical Nurse Manager

Contact: Jo Kirrane
Email: jo@tetahiyoung.org.nz

Not sure who to contact? Get in touch and we'll connect you with the right person.



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